

### East Bay Doula Circle

Name	Phone	Email	Website	Fee	Area	Services	Languages
Rachel Alkire	510-684-8633	rachelalkire@hotmail.com		\$600-\$800	East Bay	Birth Doula, Infant Massage, Acupressure, Massage Therapy	
Esther Antonelli Schmidt	510-725-5456	doula@Breathe-Esther.org	www.Breathe-Esther.org	\$1,000	East Bay, SF Walnut Creek	Birth Doula, Yoga Instructor, Midwife Apprentice	
Betsy Appell	415-254-0706	betsy@berkeleydoula.com	www.berkeleydoula.com				
Anna Bahnson	510-459-7673	familydoula@comcast.net	www.familydoulaservices.com	\$950 \$25/hr PP	East Bay	Birth & Postpartum Doula	
Jessica Berman	415-425-1576	jessica@birthadvocate.com		\$500 \$25/hr PP	East Bay, SF	Birth & Postpartum Doula, Twins	
Stacia Biletkoff	510-543-8411	staciadoula@yahoo.com	www.staciadoula.com	950-1100	East Bay	Birth Doula, Postpartum Doula (Days), Massage Therapist	some Spanish
Amy Blackshaw	510-531-6555	amybshaw@gmail.com		Sliding scale	East Bay	Birth Doula, Childbirth Educator	Spanish
Conny Bleul-Gohlke	510-527-9757	conny.bleul@gmx.net		\$800 Sliding Scale	Bay Area	Birth Doula, Massage	German, Spanish
Katie Bones	303-579-4603	Bones206@gmail.com	bones206.googlepages.com		East Bay	Birth Doula	
Nicki Bonfilio	415-487-4399	nbonfilio@gmail.com	www.unraveling.com	\$900	East Bay, SF, Marin	Birth Doula, Lactation Educator, Medical Intuitive, Astrological Counselor	some Italian
Melia Bosworth	510-325-3148	meliabosworth@yahoo.com			South Bay, East Bay	Postpartum Doula, Nights, Multiples, Childbirth Educator	
Katie Bowman	510-415-2193	katie.bowman@yahoo.com		\$25/hr PP	East Bay	Postpartum Doula, Breastfeeding Support, Maternal Nutrition	
Sylvia Boyd	510-538-3679	sylvia@boyd.com	www.mybreastfeeding.com	\$150 1st Visit	Office in South Hayward	Lactation Consultant, Lamaze Instructor, Physical Therapist	
Martha Braithwaite		mbraithw@mills.edu					
Jennifer Bruno	610-310-5583	gotswings@gmail.com		\$600 \$25/hr PP	East Bay	Birth Doula	
Aurora Carpendale	510-841-0803	eosmitra@hotmail.com		\$500 Sliding Scale	Berkeley, Oakland	Birth Doula	Spanish, French
Laurel Coates	510-816-6780	laurel@baydoula.com	www.baydoula.com	\$1,000	East Bay, SF, Marin	Birth Doula	
Alexis Cohen	415-307-1091	lexyjae@yahoo.com	www.alexiscohen.org			Birth & Postpartum Doula, Certified Hypnotherapist	
Nicole Collins	415-290-6773	n.collins@perkinseastman.com				Doula in Training	
Susan Cortez	510-483-5831	info@birthwonders.com	www.birthwonders.com	\$1,000	Bay Area	Birth Doula, ICCE Childbirth Educator, Reiki, Pediatric CPR and First Aid, Childbirth Hypnotherapy	
Janaki Costello	510-525-1155	janakicostello@gmail.com		Call for fee	East Bay	International Board Certified Lactation Consultant, ICCE Childbirth Educator, Birth Doula	
Michlene Cotter-Norwood	510-684-5475	lifeinbalance@prodigy.net	www.myspace.com/afroveda	\$1000-\$1200	East Bay	Birth & Postpartum Doula	
Megan Curtis	510-207-5299	postpartumdoula.megan@yahoo.com		Sliding scale	East Bay	Postpartum Doula	

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Name	Phone	Email	Website	Fee	Area	Services	Languages
Stacy Day	650-322-2087	stacyday@earthlink.net		\$750	Hayward, Fremont, South Bay, Peninsula	Birth Doula, Prenatal Massage, Prenatal Yoga	
Anne Delp	510-557-8029	annedelp@earthlink.net		\$950	East Bay	Birth & Postpartum Doula	
Margo Dunlap	510-451-2315	getmargo@gmail.com		\$600 Sliding scale	East Bay	Birth Doula, Midwifery Student	
Virginia Duplessis	510-287-8789	vduplessis@erols.com	www.mostformoms.com	\$750-\$1000	East Bay	Birth Doula, Pregnancy Groups, New Mothers Groups	
Mary Ellen Escalante	707-246-5720	escalante7@prodigy.net		Sliding scale	Bay Area	Birth & Postpartum Doula	
Cynthia Farrish	510-917-5871	cynparties@yahoo.com				Doula in Training	
Karen Fleischer	510-525-2560	karenmetta@aol.com		\$800-\$1000 \$35/hr PP	East Bay, SF, Marin	Twin Night Postpartum Doula, Massage	
Patti Fordham	415-850-3246	patti.doula@gmail.com		Sliding scale	Marin, East Bay, CCC, SF, North Bay	Birth and Postpartum Doula, CMT	
Mona Foster		doula_mona@yahoo.com		Sliding scale		Doula, Consultant on Lactation, Nutrition, and Co-Sleeping	
Debby Gipsman	510-710-4781	debbyg@gmail.com	birthsongdoula.blogspot.com	\$800-1000	East Bay	Birth Doula, Bodyworker, Movement Educator	Hebrew, Spanish
Annemarie Goslow	510-691-3919	mamasong_agz@yahoo.com		Low cost Sliding Scale	East Bay, SF, Marin	Birth & Postpartum Doula	some Spanish, Italian
Jenny Goyne	510-685-4009	jgoyne@sbcglobal.net		\$27-\$35/hr PP	East Bay	Postpartum Day Doula, Lactation Support, Twins	
Sarah Guillen	510-384-9479	lovingmama@hotmail.com		volunteer	East Bay	Birth and Postpartum doula	Spanish
Beth Hammond		jb-hammo@pacbell.net					
Stacy Hattori	925-373-0987	dshattori@sbcglobal.net	trivalleydoula.com	\$850+mileage Sliding Scale	East Bay	Birth Doula	
Ann Hayman	415-826-7121	misslotus@comcast.net	www.thelotustouch.com	\$900-\$1200	SF, East Bay, Marin, Peninsula	Birth Doula, Massage Therapist	
Sabine Henrie	510-843-2091	sabineh@aol.com		\$30/hr PP	East Bay	Postpartum Night Doula, Childbirth Educator, Massage Therapist	
Jennifer Heystek	510-708-6741	jenheystek@sbcglobal.net	www.jenniferheystek.com	\$800	Alameda County	Birth Doula, Student Midwife	some Dutch
Peggy Hinkle	510-504-9413	peggyhinkle@yahoo.com		\$30-\$35/hr PP	East Bay, SF, some Marin, CCC, Peninsula	Postpartum Doula, Days & Nights, Lactation Support, Twins, Days	
Christie Hubbard	571-278-7494	christie@christiehubbard.com		\$700-1000	Bay Area	Birth Doula, Student Midwife	
Laila Ibrahim	510-407-1739	LDIbrahim@gmail.com	www.eastbaydoula.com	\$800	East Bay and SF	Birth and Postpartum Doula	
Sara Jacobsen	510-962-KIND	sara@kinddoula.com	www.kinddoula.com	Sliding scale	East Bay, CCC	Birth Doula, Prenatal Massage Therapist	some Spanish

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Name	Phone	Email	Website	Fee	Area	Services	Languages
Deanna Jesus	925-216-7264	douladee@birthingbabies.com	www.birthingbabies.com	\$1,000	Bay Area	Birth Doula, Lactation Educator, Breastfeeding Specialist, HypnoBirthing Practitioner, Childbirth Educator	
Linda Jones-Mixon	510-232-7678	fst6wks@aol.com		Call for fee	East Bay	Birth Doula, Night Postpartum, Multiples, Owner of Waddle & Swaddle	
Jenny Kepler	510-472-5357	jenny_kepler@yahoo.com		\$800	East Bay	Birth Doula, Belly Casting	
Tomi Knutson	510-502-5799	dancingdoulabirthservices@gmail.com		\$30/hr	East Bay, SF	Postpartum Night Doula, Pre/Post-Natal Massage, Craniosacral, LGBT Families	
Jessica Lang Kosa	510-525-4795	jesskosa@alum.swarthmore.edu	www.dancingmamadoula.com	\$800	East Bay	Birth Doula	
Ellen Levitt	510-865-1076	ellenlevitt@wombservice.info	www.wombservice.info	\$1000-\$1500 \$30-\$40 PP	Bay Area	Midwife, Birth Doula, Postpartum Doula	some Spanish
Meghan Lewis	510-466-5930	meglewis1111@yahoo.com				Birth & Postpartum doula, pre and postpartum massage therapy, maternal mental health	
Patty Lipinska	510-849-1082	pattydoula@yahoo.com		\$750-\$1000	Bay Area	Birth Doula	
Janelle Lucido-Conate	510-295-5585	goodbeginnings.janelle@gmail.com	http://goodbeginnings.janelle.googlepages.com/home	Call for fee	East Bay	Birth and Postpartum Doula, apprentice midwife	
Trina Mackie	510-540-7262	trinamackie@hotmail.com	www.ByYourSideDoulaServices.com	Sliding scale	Berkeley, Oakland, SF and Bay Area at large	Birth Doula	Spanish
Julia MacMillan	510-225-5752	julia.macmillan@gmail.com	www.lunamadre.org	\$640, \$25PP	Bay Area	Birth & Postpartum Doula, Colic Care, nights, apprentice midwife	Spanish
Treesa McLean	510-581-1013	treesa.mclean@sbcglobal.net		\$1000-\$1500	East Bay	Birth and Postpartum Doula, Childbirth Educator, Midwife	
Carolynn Melchert	510-654-2384	devidreams@earthlink.net		\$900-1100 \$25-30 PP	Bay Area	Birth & PP Doula (day), Twins, Reiki, Moxibustion, Flower Essences, Photography	
Jessica Miller	510-889-9163	jessicahmiller@hotmail.com	www.birthwonders.com	\$1,200	East Bay	Birth Doula, Childbirth Educator, Lactation Education, CPR/1st Aid, Reiki	
LaQueta Morgan	209-740-8272	flmorgan84@msn.com			East Bay	Birth Doula	
Pat Mullarkey	510-236-9633	pamullarkey@hotmail.com		\$30-\$35/hr PP	East Bay, SF, Marin, CCC	Twin Night Postpartum Doula	
Candace Palmerlee	510-917-7175	candacep@sbcglobal.net	www.cpalmerlee.com	\$1,000	East Bay	Birth Doula, Prenatal/Orthopedic Massage, Newborn Massage Instructor	
Nancy Petrin	510-524-1506	nanpetrin@yahoo.com		\$950	East Bay	Birth & Postpartum Doula	Spanish
Sara Pinkerton	650-670-2532	betterbirthdoulaservices@yahoo.com	www.betterbirthdoulaservices.com	\$600 \$30/hr PP	East Bay	Birth & Postpartum Doula	
Bonnie Porter	510-847-0233	bonnieroseporter@gmail.com		\$750-900	East Bay, SF	Birth Doula	some Spanish/French
Jeanne Renee Racik	303-875-9933	baby mindfulness@gmail.com		\$1000 \$33/hr PP	East Bay, SF	Birth & Overnight Postpartum Doula for singletons or multiples	
Marnie Berringer Riddle	510-893-3983	mberringer@yahoo.com			SF, East Bay	Birth Doula	some Spanish
Katherine Robinson	415-515-8452	katherine.robinson@gmail.com	www.doulasf.com-a.googlepages.com	\$800-1000	East Bay, SF	Birth & PP doula, lactation consultant, childbirth prep, individual/couples counselling	
Mariaelena Robles Quale	510-760-7549	eastbaydoula@gmail.com	www.milestonesbirth.com	\$700		Birth Doula, Birth Tub Rentals	

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Felicia Roche	510-530-5056	doula@att.net	www.feliciaroche.com	\$1,100	SF, East Bay	Birth Doula, Doula Trainer, Newborn Massage Instructor, Lactation Counselor	
Emily Ross	510-224-7255	emilybrookeross@hotmail.com		\$1,000	East Bay, SF	Birth & Postpartum Doula, Childbirth Educator, Lactation Consultant, Massage Therapist	
Lauren Samuel	510-495-6783			\$750 Sliding Scale	East Bay	Birth Doula, Massage, Herbalist	
Paula Santi	925-933-5002	doulapaulasanti@yahoo.com		\$900	East Bay	Birth & Postpartum Doula	
Carol Shattuck-Rice	510-527-7210	carolshattuck-rice@comcast.net	www.openheartdoulatraining.com	\$1,000 \$25-\$30/hr PP		Birth & Postpartum Doula, Infant Massage Instructor, Childbirth Educator, DONA Birth Doula Trainer	
Joan Sheehan	415-200-9312	joandublin9@sbcglobal.net		\$30/hr PP	East Bay	Postpartum Doula, Nights, Multiples	
Caitlin Smith	510-385-4433	wcaitlinsmith@gmail.com	wcaitlinsmith.blogspot.com	\$450	East Bay, SF, North Bay	Birth Doula, yoga and pilates	
Martina Smolova	925-330-5509	msmolova@yahoo.com				Postpartum Doula, certified Childbirth International	
Patti Spelman	408-393-5495	pspelmandc@yahoo.com		call for fee	East Bay & surrounding areas	Birth doula, chiropractor, massage and nutrition counseling	
Star - (Pamela Star)	415-595-6017	sfstarbaby@yahoo.com	www.doulastar.com	\$950-\$1200	Bay Area	Birth Doula	
Reise Tanner	415-264-1786	reise@treeinthegarden.com	www.treeinthegarden.com	\$500 Sliding Scale \$25/hr PP		Birth and Postpartum Doula, Yoga Instructor	
Mary Vecchio	925-674-1974	iluvpetri@hotmail.com				breastfeeding support	
Kristy Vicari	707-373-2404	kmia_butterfly@yahoo.com		\$825	East Bay, mostly Walnut Creek	Birth Doula, Yoga Instructor, Nutritionist, moxa spa treatment, visualizations, breath work	
Frances Weekes	510-799-4939	fkweekes@comcast.net		\$30-40/hr	East Bay, SF	Night and morning PP care, lactation support	
Holly Wiersma	925-947-5874	hdwiersma@hotmail.com	www.gotcontractions.com	\$1,000	East Bay, CCC	Birth Doula, Newborn Massage Instructor, Lactation Educator, Happiest Baby on the Block Educator	
Constance Williams	510-558-7121	mydoula@igc.org	mydoula.us	\$900-\$1200 \$35/hr PP	East Bay, SF, Marin, CCC	Birth Doula, Night Twins Postpartum Doula, Childbirth and Newborn Care Educator	
Kristina Wingeier	510-684-6077	kristina@devidoula.com	www.devidoula.com	Call for fee	East Bay, Marin	Birth & Postpartum Doula, Natural Chef, placenta encapsulation	
Sue Wirth	510-524-6917	sue7211@aol.com			East Bay	Lactation Consultant	
Kathy Woo	510-665-5694	info@kathywoo.com	www.kathywoo.com	\$600-800		Birth & Postpartum doula, hypnobirthing, hypnotherapist	
Gail Zwerdling-Nelson	510-418-1835	gznelson@earthlink.net		\$20/hr PP	East Bay, SF, Marin, CCC	Postpartum Doula, Nights, Multiples, Newborn Care	
Birth Wonders On Call Doula Network	510-305-1314	info@birthwonders.com	www.birthwonders.com	\$500	East Bay	Birth Doula, Childbirth Educator, Breastfeeding Consultant, Massage Therapist, Community Resources	